



From the desk of President & CEO Orion Bell

The Real Story About Guardianship

There is a fascinating movie on Netflix these days. I Care A Lot tells the story of Marla Grayson, a professional guardian, played by Rosamund Pike, and the schemes she employs to deprive her clients of their money, property and access to family. The movie boasts a strong cast, including Peter Dinklage and Dianne Wiest. It is a film full of villains and their victims.

So, what is guardianship, anyway? Are there real life Marla Graysons out there?

A guardian is a person, legally appointed by the court, to “take care of and manage the property of a person (the ward) who does not possess the legal capacity to do so, by reason of age, comprehension or self-control.” A guardian’s role may include much more than property decisions, particularly in healthcare matters or situations where the ward’s safety is at risk. If you are of a certain age, you probably recall the narrator on the TV series Batman, identifying two characters as “millionaire Bruce Wayne and his youthful ward, Dick Grayson.” Batman was a legal guardian. The Graysons, Marla and Dick, are not typical examples of either guardians or wards, but they do provide a jumping off point for a discussion of guardianship and its alternatives.

Read the full article at benrose.org/ceo-blog.

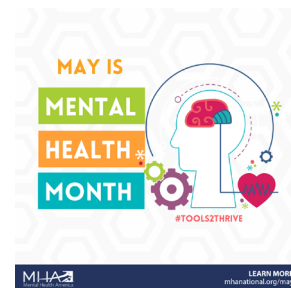
Volunteers Urgently Needed

Volunteers are urgently needed to assist with our growing meal delivery program. We are in need of volunteers willing to deliver meals in their own vehicles, Monday—Friday from 10:00 a.m.—2:00 p.m. For more information and volunteer sign-up, visit www.benrose.org/volunteer.



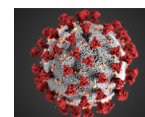
May is Mental Health Month

COVID-19 has had a profound impact on mental health. It’s critical to normalize mental health care to heal from the long-lasting impacts of the pandemic. Behavioral Health Services from Benjamin Rose Institute on Aging can enhance the life of a loved one with mental illness by providing holistic mental health care, which will enable them to continue living in their homes or in the most comfortable environment to them. Our services are also available to caregivers of older adults in need of support and counseling. [Learn more](#).



Benjamin Rose Response to COVID-19

Visit benrose.org/COVID-19 for the latest vaccination information, as well as updates on services and programs, resources for staying active while staying at home, and ways that you can help older adults in our community.



Happy Older Americans Month!

Each May, the Administration for Community Living leads the celebration of Older Americans Month (OAM). This year's theme is Communities of Strength, recognizing the important role older adults play in fostering the connection and engagement that build strong, resilient communities.



Strength is built and shown not only by bold acts, but also small ones of day-to-day life—a conversation shared with a friend, working in the garden, trying a new recipe, or taking time for a cup of tea on a busy day. And when we share these activities with others—even virtually or by telling about the experience later—we help them build resilience too. Together, we can find strength—and create a stronger future.



Fire! Flavor! Philanthropy! A Summerlicious Dinner with Chef Mario is Back!

Join Master Chef Mario Reyes of [TRIO Community Meals](#) on **Friday, July 23rd from 6:00—7:30 p.m.** Chef Mario will virtually share his culinary expertise from Benjamin Rose Institute on Aging Headquarters and guide you in preparing wonderful summer dishes along with wine pairings.

Let's negate the wait. Currently, the Rose Centers for Aging Well have 191 older adults on a waitlist in need of a daily home-delivered meal. Proceeds will benefit the Rose Centers for Aging Well and support the work of our team to give older adults daily, nutritious meals.

Ticket sales are coming soon. You can support Summerlicious today with a sponsorship or ad. Our unique sponsorship opportunities allow you to market your brand to a diverse audience. For questions about sponsorship or advertising, contact Jen Salkin at 216.373.1688 or jsalkin@benrose.org.

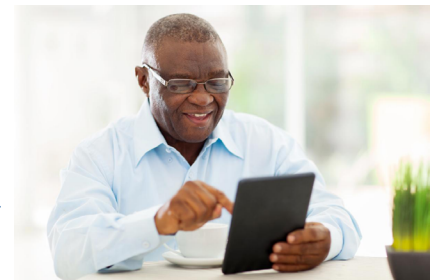
Benjamin Rose Researchers Honored at OAGE

Benjamin Rose Institute on Aging is celebrating three winners of 2021 [Ohio Association of Gerontology and Education](#) awards. Highest honors of Researcher of the Year went to Senior Research Scientist **Farida Ejaz** in recognition of her many accomplishments in aging research and aging support services. Research Intern **Morgan Minyo** won the award for Outstanding Graduate Student Paper, and Honorable Mention went to **Amanda MacNeil**, a member of our Young Professionals Council. Congratulations to all for their exceptional contributions.

Resources for Caregiving

Visit our Resource Library to find tips and useful information for caregivers.

Each month, we add new content to help caregivers manage a loved one's care, navigate challenges and take care of themselves. Recent articles explore topics such as [tips for better communication with a loved one with dementia](#), [self-identifying as a caregiver](#), [common causes of caregiver guilt](#) and [being watchful of signs of malnutrition](#).

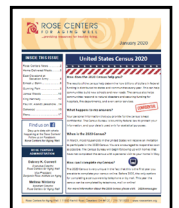


Make a Gift

We need your help to protect and care for the most vulnerable people in our community—older adults, adults with disabilities and caregivers—during the Coronavirus Pandemic. [Make a gift today.](#)

Rose Centers Newsletter

Get the latest news and program schedules from the Rose Centers for Aging Well. Sign up today at ourseniorcenter.com.



Upcoming Programs



Can Persons with Dementia Live Alone? Recognizing the Need for Support

[Virtual Programs for Caregivers](#). Wednesday, May 5, 12:00 PM

Second Wednesdays

[Learn more about Benjamin Rose programs & services](#). May 14, 9:00 AM

Homebuyer Education

[Learn the important basics of the homebuying process](#). May 17—22, 6:00 PM

The Digital Divide: What Families Should Know

[This webinar will examine how to help older adults and caregivers navigate the digital divide](#).

May 20, 7:00 PM.

Senior Financial Education Workshops

[Virtual workshops to help older adults take charge of their finances](#).

Every other week beginning at 10:00 AM or 1:00 PM.

Amazon Smile

Support Benjamin Rose Institute on Aging when you do your shopping at [Amazon Smile](#)!



Staff Notes

Orion Bell, President & CEO, discussed guardianship and end of life planning on [The Sound of Ideas](#).

Tamar Cooper, LISW-S, LICDC-CS, Director of Behavioral Health Services, virtually presented *Mental Health and Effects of Quarantine on Older Adults* for the Cleveland Department of Aging.

Lisa Weitzman, MSSA, LISW-S, ASW-G, C-ASWCM, presented *Emotions, Finances, Caregiving, and Moving* for the Hudson Meadows Retirement Community.

Staff from Benjamin Rose presented at the virtual On Aging Conference, presented by the American Society on Aging April 6 - 15, 2021. **Branka Primetica**, Quality Improvement Director & BRI Care Consultation Program Manager, **Orion Bell**, President & CEO, **David Bass**, PhD, Senior Vice President for Research & Education, and **Rachel Schaffer**, Research Analyst, presented a virtual workshop on *Caregivers in the Sandwich Generation*. **Miriam Rose**, Research Associate and **Farida Ejaz, PhD**, Senior Research Scientist led a 90-minute virtual presentation titled *Nursing Home Residents Have Great Stories to Tell: You Just have to Ask*. **Jessica Bibbo, PhD**, Research Scientist and **Farida Ejaz, PhD**, led a 60 minute virtual presentation titled *Supporting Elder Justice Through the Development and Implementation of a Training Program on Abuse, Neglect and Exploitation*.

Benjamin Rose staff continue to provide informative articles for caregivers for the faith-based online publication *Guideposts*:

[How to Use Mindfulness to Reduce Caregiver Stress](#) by **Ashlee Cordell**

[Ways to Approach Caregiving Decisions](#) by **Lauri Scharf**